NAFLD ranges from simple steatosis (NAFL) to NASH, a progressive form of liver disease[1,2]

NAFLD: non-alcoholic fatty liver disease

NAFL: non-alcoholic fatty liver

- Steatosis (> 5% hepatic fat)

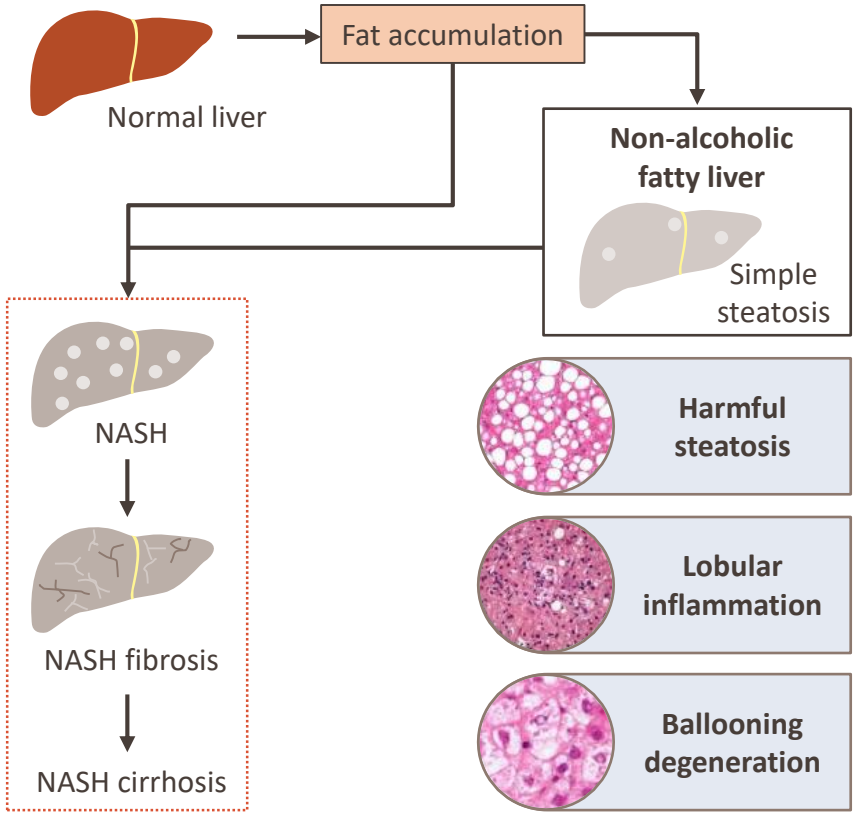
NASH: non-alcoholic steatohepatitis

- Steatosis
- Ballooning
- Inflammation

NASH with fibrosis[3,4]

- **NASH (steatosis, ballooning, inflammation)**
- **Mild (F1):** fibrosis stage 1
- **Significant (F2/F3):** fibrosis stages 2 and 3
- **Cirrhosis (F4):** fibrosis stage 4

NAFL is generally benign, whereas NASH can progress to cirrhosis, liver failure and liver cancer[1,2]



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